

Tea

Breakfast tea	2.95
Light, Bright, Crisp	
Earl Grey Blue Flower	2.95
Delicate Bergamot, Dry, Light Citrus	
Sencha Green Tea	3.25
Smooth, herbal, soft	
Lemon Grass & Ginger	3.25
Citrus, Ginger, Sweet, Minty	
Pepper Mint	2.95
Sharp, Fresh, Aromatic, Cooling	
Chamomile	2.95
Honeydew, Floral, Sweet	

Coffee

Americano	2.90	Hot Chocolate	3.35
Latte	3.00	Matcha Latte	3.55
Cappuccino	3.10	Tumeric Latte	3.25
Espresso	2.40	Chai Latte	3.35
Flat White	3.00	Cortado/ Macchiato	2.90
Mocha	3.45	Babyccino	1.00
Non Dairy Milks	.65		
Flavoured Syrups	.85		

Beer & Cider

Peroni	4.50
Peroni 0%	3.75
Rekorderlig Strawberry Lime	5.00
Rekorderlig Wild Berries	5.00

Soft Drinks

Coke	2.75	Sparkling Orange	2.60
Coke Zero	2.60	Sparkling Elderflower	2.60
Diet Coke	2.60	Still or Sparkling Water	2.10
Lemonade	2.60		
Frobishers	2..70		
orange, mango, apple			

Cold Coffee

Iced Latte Or Iced coffee	3.99
+ADD Salted Caramel, Vanilla, Hazelnut £1	
Frappe	4.50
Salted Caramel, Vanilla, Hazelnut, Caramel	

Smoothies

Berry Breeze	4.50
Mixed Forrest Berry	
Tropical Breeze	4.50
Mango, Banana, Apple, Pineapple	
The Green One	4.50
Spinach, Kiwi, Avocado,	
Immune Booster	4.50
Ginger, Turmeric, Orange, Honey, Lemon	

Wine & Cocktails

Red	M 4.50 L 6.00 BTL 17.00
White	M 4.50 L 6.00 BTL 17.00
Rose	M 4.50 L 6.00 BTL 17.00
Prosecco	GLS 5.50 BTL 25.00
Espresso Martini	8.50
coffee, vodka, coffee liquor, gomme	
Passion Fruit Martini	8.50
Vodka, passoa, vanilla, passionfruit juice.	
Aperol Spritz	8.50
aperol, prosecco, soda, orange	

Cafe FLAVOUR

01273985620

63B Holland Rd, Brighton and Hove,
Hove BN3 IBA

MON - SUN
8 AM - 4 PM

Brunch

Full Brunch	12.50	Benedict / Royale	10.00
bacon, sausage, homemade beans, mushrooms, egg, tomato, hash brown, sourdough toast.		Poached eggs, avocado, hollandaise. Royale with salmon, Benedict with bacon/ham.	
Full Veggie/Vegan	13.00	Fetta Eggs	10.00
vegan sausages, mushrooms, homemade beans, avocado, greens, egg, tomato, hash brown, sourdough toast (Alternates for vegan)		Fetta cheese, avocado, poached eggs, red pesto on sourdough.	
Shakshuka	9.50	Omelette	8.00
spiced saucy tomatoes, poached eggs, feta cheese sourdough toast (optional feta for V)		choose 2 - ham, cheese, mushroom, bacon, tomato, red onion, salmon, spinach, feta	
		Chorizo Eggs	10.50
		Chorizo, spicy garlic oil, avocado, eggs, sourdough toast.	

Breakfast SW

Bacon Or Sausage	7.00
Halloumi Egg and Avocado	8.50
with sweet chilli jam	
Breakfast Roll	9.00
bacon, fried egg, sausage	
Vegetarian Roll	9.00
egg, avocado, spinach, feta	

Pasta & Salads

Sphagetti Carbonara	9.25
Creamy carbonara with crispy bacon and parmesan	
Pesto Farfalle	9.25
Pesto, sun-dried tomato, black olives, parmesan, Feta	
Chicken and Chorizo Farfalle	10.25
Chicken breast, Diced Chorizo, Tomato, Parmesan	
Chicken Ceasar Salad	9.25
Chicken breast, Lettuce, Caesar dressing, Anchovies, Croutons	
Feta Salad	8.25
Cherry Tomato, Cucumber, Mixed leaf, Feta, Black olives, Sun-dried tomato, Croutons.	

Sweet or Light

French Toast With Maple Bacon	8.99
Eggs on Toast - Poached, Fried, Scrambled	6.50
Dried Fruit & Nut Granola	5.85
Greek Style yoghurt, Granola, Mixed dried fruit & Nuts	
Berry Granola	5.85
Strawberry yoghurt, Mixed berries, Granola	
Sourdough Toast with Jam	3.00

Lunch

Jacket Potato	1 Top 5.50 2 Top 6.00 3 Top 6.50
Cheese, Tuna mayo, Coleslaw, Cajun Chicken, Bacon, Chilli con carne, beans.	
Home Made Lasagna & Salad	9.75
Made with fresh pasta sheets, Home made lasagna sauce, Beef, Cheese.	
Beef Burger & Fries	12.00
House Beef Mix, Salad, Cheese, Burger Sauce, Brioche Bun	

Bagels

Brie, Grape and Walnut	7.50
French brie, Grapes and Crushed Walnuts, Lightly toasted	
Cajun Chicken & Avocado	8.50
Cajun Seasoned Chicken Breast, Fresh avocado mix.	
Bacon Lettuce Tomato	8.00
Streaky bacon, Fresh Lettuce, Sliced Tomato with Mayo	
Honey Roast Ham & Cheddar	8.00
Lightly Toasted, Honey Roasted Ham and Cheddar Cheese	
Fish Finger SW	8.00
Fish goujons with tarter sauce.	
Chicken Bacon Mayo	8.00
Crispy bacon, Chicken breast, Mayo	
Pesto & Feta	8.00
Pesto, Sundreid Tomato, Blackolives, Feta	